

OBJECTIVES OF THE COLLEGE OF EDUCATION:

- At the end of the degree program, the students should have:
1. acquired religious and moral values, desirable ideas, attitudes, habits and skills which make for strength of character needed for service and leadership as teachers;
 2. a growing appreciation of their rich heritage as Filipino citizens, and skills to inspire and conscientize others for nation building;
 3. acquired a broad background in general education with excellence and competence in selected subject areas of teaching;
 4. developed skills in measuring and evaluating students' knowledge of the process of growth and development of the child and apply these skills in selecting learning activities and adopting curriculum content;
 5. acquired appropriate classroom teaching methods and classroom management techniques;
 6. been able to carry out educational researches in the field of education and apply them in assessing and evaluating existing learning situation;
 7. developed the values, dignity and responsibility of the teaching profession as well as the ideals of St. Marcellin Champagnat and Mother Mary

A FOUR-YEAR CURRICULUM LEADING TO THE DEGREE BACHELOR OF PHYSICAL EDUCATION (per CMO 80 s. 2017, CMO 30 s. 2013 and CMO 4 s. 2018) Effective SY 2018-2019

FIRST YEAR - FIRST SEMESTER

Grade	Cat. #	Descriptive Title	Units	Pre-req
	GE 1	UNDERSTANDING THE SELF	3	
	GE 2	READINGS IN PHILIPPINE HISTORY	3	
	GE 3	MATHEMATICS IN THE MODERN WORLD	3	
	GE 4	THE CONTEMPORARY WORLD	3	
	GE 5	PURPOSIVE COMMUNICATION	3	
	GE 7	ART APPRECIATION	3	
	EDUC 101	THE CHILD AND ADOLESCENT LEARNERS AND LEARNING PRINCIPLES	3	
	RE 111	SALVATION HISTORY: OLD TESTAMENT	3	
	PE 1	PHYSICAL FITNESS AND SELF-TESTING ACTIVITIES	2	
	NSTP 1	NATIONAL SERVICE TRAINING PROGRAM 1	3	
	Total		29	

FIRST YEAR - SECOND SEMESTER

Grade	Cat. #	Descriptive Title	Units	Pre-req
	GE 6	SCIENCE, TECHNOLOGY AND SOCIETY	3	
	GE 8	RIZAL'S LIFE AND WORKS	3	
	GE 10	KONTEKSTWALISADONG KOMUNIKASYON SA FILIPINO	3	
	GE 11	FILIPINO SA IBAT-IBANG DISIPLINA	3	
	EDUC 106	TECHNOLOGY FOR TEACHING AND LEARNING 1	3	GE 7
	EDUC 102	BUILDING AND ENHANCING NEW LITERACIES ACROSS THE CURRICULUM	3	EDUC 101
	HEALTH ED 101	EMERGENCY PREPAREDNESS AND SAFETY MANAGEMENT	3	
	RE 112	CHRISTOLOGY	3	RE 111
	PE 2	RHYTHMIC ACTIVITIES	2	PE 1
	NSTP 2	NATIONAL SERVICE TRAINING PROGRAM 2	3	NSTP 1
	Total		29	

N.B. First Year students are required to take Personal Growth Sessions (PGS) 1 and 2 during the First and Second Semesters respectively.

FIRST YEAR - SUMMER

Grade	Cat. #	Descriptive Title	Units	Pre-Req
	GE 13	SOSYEDAD AT LITERATURA/PANITIKANG PANLIPUNAN	3	
	GE 8	ETHICS	3	
	PE 3	RECREATIONAL ACTIVITIES (INDIVIDUAL & DUAL SPORTS)	2	PE 1
	Total		8	

SECOND YEAR - FIRST SEMESTER

Grade	Cat. #	Descriptive Title	Units	Pre-Req
	EDUC 105	FACILITATING LEARNER-CENTERED TEACHING	3	EDUC 101
	PHYED 101	PRINCIPLES OF MOTOR CONTROL AND LEARNING OF EXERCISE, SPORTS AND DANCE	3	PE 1
	MUSIC ED 101	MUSIC IN THE K TO 12 CURRICULUM	3	
	PHYED 102	ANATOMY AND PHYSIOLOGY OF HUMAN MOVEMENT	3	PE 1
	PHYED 103	SPORTS AND EXERCISE PSYCHOLOGY	3	PE 1
	PHYED 104	MOVEMENT EDUCATION	3	PE 1
	PHYED 105	PHILIPPINE TRADITIONAL DANCES	3	PE 2
	ART ED 101	ARTS IN THE K TO 12 CURRICULUM	3	GE 7
	RE 113	CHRISTIAN FAITH	3	RE 112
	Total		27	

SECOND YEAR - SECOND SEMESTER

Grade	Cat. #	Descriptive Title	Units	Pre-Req
	EDUC 110	THE TEACHING PROFESSION	3	EDUC 105
	EDUC 104	FOUNDATIONS OF SPECIAL AND INCLUSIVE EDUCATION	3	EDUC 101
	PHYED 106	PHYSIOLOGY OF EXERCISE AND PHYSICAL ACTIVITY	3	PHYED 102
	PHYED 107	TECHNOLOGY FOR TEACHING AND LEARNING 2 (TECHNOLOGY APPLICATION IN TEACHING PHYSICAL EDUCATION AND HEALTH EDUCATION INCLUDING INSTRUCTIONAL MATERIALS DEVELOPMENT)	3	EDUC 106
	PHYED 108	SWIMMING AND AQUATICS	3	PE 1
	PHYED 109	APPLIED MOTOR CONTROL AND LEARNING OF EXERCISE, SPORTS AND DANCE	3	PHYED 101, PHYED 104
	HEALTH ED 102	DRUG EDUCATION, CONSUMER HEALTH AND HEALTHY EATING HABITS	3	HEALTH ED 101
	RE 114	THE CHURCH	3	RE 113
	PE 4	TEAM SPORTS	2	PE 1
	Total		26	

THIRD YEAR - FIRST SEMESTER

Grade	Cat. #	Descriptive Title	Units	Pre-Req
	EDUC 107	THE TEACHER AND THE SCHOOL CURRICULUM	3	EDUC 110
	EDUC 160	ASSESSMENT IN LEARNING 1	3	EDUC 110
	PHYED 110	INDIVIDUAL AND DUAL SPORTS (RACKET SPORTS, ATHLETICS AND MARTIAL ARTS)	3	PE 3, PHYED 103
	HEALTH ED 103	COORDINATED SCHOOL HEALTH PROGRAM	3	HEALTH ED 102
	PHYED 111	TEAM SPORTS (SOCCER, BASKETBALL, VOLLEYBALL, SOFTBALL, NON-TRADITIONAL-ULTIMATE, HANDBALL, FLOORBALL, FUTSAL AND SEPAK TAKRAW)	3	PE 3, PHYED 103
	HEALTH ED 104	PERSONAL COMMUNITY AND ENVIRONMENTAL HEALTH	3	HEALTH ED 102
	PHYED 112	PHILOSOPHICAL AND SOCIO-ANTHROPOLOGICAL FOUNDATIONS OF PHYSICAL EDUCATION AND SPORTS	3	PHYED 101
	RE 115	LITURGY AND SACRAMENTS	3	RE 114
	Total		24	

Reminders:

- For Non-Catholics, RE 114 and RE 115 are replaced by RE 30 and RE 40 respectively.
- NSTP 1 and 2 must be taken during the First year.

THIRD YEAR - SECOND SEMESTER

Grade	Cat. #	Descriptive Title	Units	Pre-Req
	EDUC 103	THE TEACHER AND THE COMMUNITY: SCHOOL CULTURE AND ORGANIZATIONAL LEADERSHIP	3	EDUC 107
	EDUC 161	ASSESSMENT IN LEARNING 2	3	EDUC 160
	EDUC 50	RESEARCH IN EDUCATION 1	3	At least 24 units of Professional Education Courses
	PHYED 114	INTERNATIONAL DANCE AND OTHER FORMS	3	PHYED 105
	PHYED 115	PHILIPPINE TRADITIONAL GAMES	3	PE 3
	PHYED 116	PROCESS OF TEACHING PHYSICAL EDUCATION AND HEALTH EDUCATION	3	At least 45 units of Physical and Health Education Courses
	PHYED 117	CURRICULUM AND ASSESSMENT FOR PHYSICAL EDUCATION AND HEALTH EDUCATION	3	EDUC 107, EDUC 160
	RE 117	CHRISTIAN MORALITY WITH PEACE EDUCATION	3	RE 115
	Total		24	

FOURTH YEAR - FIRST SEMESTER

Grade	Cat. #	Descriptive Title	Units	Pre-Req
	EDUC 60	RESEARCH IN EDUCATION 2	3	EDUC 50
	EDUC 108	FIELD STUDY 1	3	Major GE, EDUC, PHYED and HEALTHED courses
	EDUC 109	FIELD STUDY 2	3	
	Total		9	

FOURTH YEAR - SECOND SEMESTER

Grade	Cat. #	Descriptive Title	Units	Pre-Req
	EDUC 139	TEACHING INTERNSHIP IN BASIC EDUCATION WITH ACTION RESEARCH	10	EDUC 108, EDUC 409
	Total		10	

Summary

General Education Courses	36 units
Professional Education Courses	42 units
Specialization Courses	63 units
Elective Courses	6 units
Mandated Courses (PE and NSTP)	14 units
Institutional Requirements	25 units
Total	186 units

Prepared by:

JOSE ANTONIO A. GUNTALDAD, Ph.D.
Dean, College of Education

JOSE C. DAGOC, JR. R.M., Ph.D.
Vice-President for Academics

Noted by:

GENARO R. ANDRES, M.B.A., CESE
Education Supervisor II

MAXIMO C. ALIBRE, D.P.A., CESO III
Director IV, CHED XII Regional Office